



THE WELSH HOUSE

GLUTEN FREE MENU

Croeso

A warm welcome to The Welsh House.

We are an independent regional restaurant & bar and when it comes to food and drink, we aim to select the very best from within Wales. The great thing about dining here is that you will get locally produced, fresh, flavoursome dishes experienced in a comfortable relaxed environment.

Our menu is wholesome, delicious, and generous, inspired by traditional Welsh dishes using great Welsh ingredients. These are familiar Welsh dishes but done well. Our intention is to serve you honest food cooked well and at a reasonable price. We use quality locally sourced best cuts of meat, seasonal vegetables, and work with Welsh suppliers to bring you the best that Wales has to offer.

Relax and enjoy The Welsh House experience.

Diolch!



THE WELSH HOUSE MENU GLUTEN FREE OPTIONS

FOR THE TABLE

Marinated olives, garlic thyme, olive oil £3.95 (VE)

STARTERS

Roasted butternut squash and sweet potato soup with Pant-Ys-Gawn goats cheese £6.95 (V, VEa)

Welsh cockles, laverbread, smoked streaky bacon £8.45

The Welsh House pot of pig, Celtic preserve piccalilli £8.45

Creamy garlic mushrooms on sourdough, drizzled with garlic infused Pembrokeshire oil £7.45 (V)

MAINS

The Welsh House shepherd's pie, seasonal vegetables £14.95

Celtic Pride rump steak (8 oz) brushed with Welsh Lady BBQ sauce, rocket salad, skin on chips £19.95

Chicken supreme, smoked bacon and white wine sauce, creamy mash, oven baked leek gratin £17.95

Slow roasted pork belly, braised leek mashed potato £16.95

Oven baked aubergine Parmigiana, Italian hard cheese, tomato sauce, skin on chips £12.95 (V,VEa)

SIDES

Skin on chips £3.95 (VE) (add Truffle oil and Italian hard cheese £1.25) (V) Rocket salad, vintage balsamic vinegar, aged Italian hard cheese £4.25 (V,VEa) Creamy leek gratin £4.25 (V) Seasonal vegetables £3.95 (V) Jacket potato, Shirgar Welsh salted butter £3.95 (V) Creamy garlic mushrooms £4.25 (V) Buttered peas £3.95 (V/VEa)

DESSERTS

The Welsh House chocolate mousse, Chantilly cream £5.95 (V)

Cygnnet Gin and tonic granita, lemon sorbet £6.95 (VE)